



Guided Notes Overview of ABA

This training program is based on the Registered Behavior Technician RBT Task List and is designed to meet the 40-hour training requirement for the RBT credential. This program is offered independent of the BCBA.

Name: _____

Date Started: _____

Total Study Time: _____

Date Ended: _____

- 1) ABA is really a _____.
- 2) ABA uses the _____ or ongoing experimentation to determine the reasons people engage in behaviors.
- 3) _____ established this natural scientific approach to changing behavior.
- 4) ABA is implementing carefully planned and constructive changes to the _____ and conditions that allow behavior change to occur.
- 5) ABA chooses target behavior to teach and change that will _____ that individual.
- 6) ABA does not change a person's _____.
- 7) There is not such thing and ABA without _____ and _____.
- 8) Actions people do inside and outside of their body are _____.
- 9) Our behaviors have _____ and meaning.
- 10) The purpose of our behaviors are _____ or to get _____.
- 11) Our behavior is a result of 3 general causes _____, _____, and _____.
- 12) Experiences the change our behavior is what we call _____.
- 13) To change behavior, we carefully plan and modify the _____.

Definitions:

	the science in which tactics derived from the principles of behavior are applied to improve socially significant behavior and experimentation is used to identify the variables responsible for improvement in behavior
	it exists when a well-controlled experiment reveals that a specific change in one event (dependent variable) can reliably be produced by specific manipulations of another event (the independent variable) and that the change in the dependent variable was unlikely due to the results of other extraneous factors (confounding variables)

	a systematic approach for seeking and organizing knowledge about the natural world
	research method for testing different assumptions or a carefully controlled comparison of some measures of phenomenon of interest (dependent and independent variable)
	is the philosophy of the science of behavior
	Founded the experimental analysis of behavior, a natural science approach for discovering orderly and reliable relations between behavior and various types of environmental variables of which it is a function.

RBT's Role in Behavior-Analytic Services

- 1) Implement behavior-analytic services as specified the the _____
_____ derived from the principles of behavior (reinforcement, extinction, shaping, chaining, stimulus control, prompt & prompt fading, discrimination training, discrete trial...etc.) as supervised and directed by the BCBA.
- 2) Implement the specific and assigned _____, _____ and _____ as outlined in the client's treatment plan under the direction and supervision of a board certified behavior analyst (BCBA)
- 3) _____ with the BCBA Supervisor so that problems and concerns can be resolved or prevented. Communication is key to being a team player.
- 4) Respond appropriately to _____ and maintain or improve on work performance as directed. Take criticism with stride and learn from others. Ask for help when needed and continue to study and practice skills that will improve the services provided to the client.
- 5) Maintain _____ with the clients served. Avoid dual relationships, situations where there is a conflict of interest and engaging in social media with clients.
- 6) Maintain _____ and dignity by following outlined "Client Rights." Learn and know what those are in given employment.
- 7) _____ appropriately and as authorized by the BCBA with those involved in the behavior analytic services with each client served. This includes; parents, teachers, the client, caregivers or respite providers, or other professionals or practitioners that serve the client.
- 8) Prepare each session for _____ as outlined in the treatment plan and directed by the BCBA. Study, know, and understand the components of a written skill acquisition plan or treatment program to outline the targets that will be accomplished during the session with the client.

- 9) Conduct frequent and appropriate _____ with clients as directed by the BCBA. Understand each individual's reinforcers and preference which will improve motivation for behavior change and skill acquisition during the session.
- 1) As directed by the BCBA, assist in _____ ABC or functional behavior assessment for target behaviors during sessions.
- 2) As directed by the BCBA, assist in _____ and collecting _____ on curriculum-based or developmental skills such as social skills, communication, leisure, self-care, independence....etc.
- 3) Consistently collect accurate _____ including, frequency, percentage, duration, permanent product, and time sampling as directed by the BCBA.
- 4) Enter data into a _____ format or graph as directed by the BCBA.
- 5) Always describe behavior both verbally and written in _____ terminology. Avoid communicating personal opinions and emotion bias judgements.
- 6) Produce and _____ summary of what happened for each session with client.
- 7) Objectively report other variables that might be affect the client such as reported or observed illness, family problems or changes, medication, diet or health changes in session notes.
- 8) RBT's are _____ and are obligated to comply with applicable legal regulatory and workplace reporting such as abuse or neglect.
- 9) RBT's are required to follow _____ laws and as outlined in company policy with regards to requirements for data collection, storage and transportation.

RBT's Certification Information

- 1) The RBT Task List includes the core tasks: _____, _____, _____, Documentation and Reporting, and Professional Conduct and Scope of Practice Task List covers tasks that a practicing behavior technician will perform with some, but probably not all, clients. It is acknowledged that there might be other tasks not listed here that a behavior technician would be expected to perform by a supervisor. It is the responsibility of the _____ supervisor to determine which additional tasks behavior technicians may perform as a function of their competence.
- 2) The training must cover all of the _____ and _____ designed to be relevant to the behavior technician.

- 3) At least _____ hours should be devoted to ethics and professional conduct.
- 4) The cumulative duration of the training should be at least _____ hours.
- 5) The training can be conducted in _____ or _____.
- 6) The training must be completed within a _____-day period.
- 7) The training must be conducted by a _____ or BCaBA.

What is the link to the RBT Task list? _____